On April 24-26, 2009, The Georgia Transplant Foundation will be offering a marriage enrichment weekend retreat, "A Step Together," for transplant recipients and their spouses/significant others. The program will be open to all couples whose spouse or child has received an organ transplant.

The retreat is designed for those who value their relationship and want it to be strong and enduring while dealing with the ongoing stress related to transplantation. The facilitator for the weekend will be Jackson P. Rainier, PhD, a psychologist nationally renowned for his work with couples confronting the challenges of chronic illness.

A goal of the "A Step Together" weekend is that couples will share experiences, develop skills and increase their understanding and commitment to each other. The weekend at our riverside retreat is planned to include both private "couples" time as well as shared group discussion. Previous attendees have written the following about their experiences:

"The weekend brought us closer and taught us ways to focus on each other and do some things differently than we do now."

"The weekend provided me with a deeper understanding of how our marriage and life has changed since transplant and how to readjust and move forward from here."

"It gave us time to remember and enjoy the reasons we fell in love!"

Location:  
Epworth by the Sea - St. Simons Island  
www.epworthbythesea.org Check out the site and directions, but register with GTF

Cost:  
$20 per couple for the entire weekend which includes the conference and your room and meals.

Dress:  
Casual

Requirements:  
-- Register by April 13 online with GTF  
-- Commit to attend the entire weekend beginning Friday evening at 6:00  
-- Plan travel time to arrive on time  
-- The retreat is not open to those who have attended before

Questions:  
Contact Sandy McMath at 678-514-1172 or smcmath@gatransplant.org