

Barbara - Day 5

This evening we will be going to our traditional Halloween festivities in Grapevine. I've invited a few families along and they all ask the same thing: "How will we meet up if you can't use your phone?" I decide this is basically a family event – it's for the kids after all- and that I will keep my phone on until we have all met up. Just having my BlackBerry on and with me proved to be too tempting. I had given myself the justification to cheat for a short time and for a specific purpose. But since it was there, I kept checking it. I just looked at the screen to see what had come in. Stephanie had sent me a message on Facebook. My mom sent me an email. I would catch myself and put it back in its holster. Every now and then I wondered, "What if my mom had to tell me something important?" She had the kids earlier that day and maybe needed to tell me something about them. Or, "Was something wrong with Stephanie?" I had given her a few things for her event, what if something was wrong with the items? I was still curious as we got home late and put the kids to bed. I worried that I would never be able to find a balance as I headed straight for the computer to read the messages.

Tina – Day 5

I woke up with a sense of calm. My blackberry was no longer attached to me. It was Saturday and I was spending the day with my family. Of course I took my blackberry with me in case we got separated while running errands. But, I found myself leaving it in the car without a thought a few times, and I did not even pull it out once during lunch.

Halloween night is always about the kids. I didn't event take my blackberry with me for the neighborhood costume parade. I didn't even think about it. I didn't even think about why I wasn't thinking about it.